

# BLUEBERRY FILLED VEGAN CROISSANT

## made with spelt flour

Nutrition Facts	
1 servings per container	
<b>Serving size</b>	<b>1 each (100g)</b>
Amount Per Serving	
<b>Calories</b>	<b>340</b>
% Daily Value*	
<b>Total Fat</b> 16g	<b>21%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 380mg	<b>17%</b>
<b>Total Carbohydrate</b> 43g	<b>16%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 15g	
Includes 15g Added Sugars	<b>15%</b>
<b>Protein</b> 6g	<b>12%</b>
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.72mg	4%
Potassium 0mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**Ingredients:** Wheat flour, water, filling 17,9% (glucose-fructose syrup, sugar, concentrated blueberry puree 30%, pectins, citric acid, natural flavouring, calcium citrates), margarine (non-hydrogenated palm and sunflower vegetable fats and oils, water, salt, mono-and diglycerides of fatty acids, citric acid, natural flavourings), spelt flour 1 0,5%, sugar, seeds 3,4% (brown linseeds, kibbled sunflower seeds, yellow linseeds, kibbled pumpkin seeds, poppy seeds, sunflower seeds), yeast, wheat gluten, salt, roasted barley malt, isomalt, glucose syrup, dough conditioner [ascorbic acid), enzyme, agar, citric acid, preservative [potassium sorbate).

**Contains: wheat, spelt**

Made in a factory handling egg, soy, milk, nuts and sesame seeds .

# VEGAN CROISSANT WITH SPELT FLOUR

## AND QUINOA

Nutrition Facts	
1 servings per container	
<b>Serving size</b>	<b>1 each (80g)</b>
Amount Per Serving	
<b>Calories</b>	<b>260</b>
% Daily Value*	
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 350mg	<b>15%</b>
<b>Total Carbohydrate</b> 31g	<b>11%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 5g	
Includes 4g Added Sugars	<b>( %</b>
<b>Protein</b> 6g	<b>12%</b>
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.08mg	6%
Potassium 94mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

wheat flour, water, margarine ( non hydrogenated vegetable fats and oils (palm,sunflower), water, salt, mono- and diglycerides, citric acid, natural flavor), spelt flour 13,5%, sugar, yeast, wheat gluten, caramelized quinoa seeds 1,2% (quinoa seeds, sugar), quinoa seeds 1,2%, salt, roasted barley malt, isomalt, glucose syrup, agar,dough conditioner (ascorbic acid), citric acid, preservative (potassium sorbate). enzyme.

**Contains : wheat, spelt.**

Made in a factory handling egg, soy, milk, nuts and sesame seeds